



# Zonta Club of Fort Smith

*Member of Zonta International*

# Newsletter

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Zonta International is a global organization of executives and professionals working together to advance the status of women worldwide through service and advocacy.

[www.zonta.org](http://www.zonta.org) [www.zontadistrict10.org](http://www.zontadistrict10.org) [www.zontafortsmith.wordpress.com](http://www.zontafortsmith.wordpress.com)

## President's Message



Winter raised its ugly head on our February meeting night so we will communicate electronically on some important topics. Our newsletter Editor, Caron Roberts,

has filled the calendar with events that you should transfer to your handheld electronic device and set the reminder alarms so you don't miss them.

The February program speaker, Susan Coon, from the Marvin Altman Fitness Center will be invited back this year to present her "Wellness for Women" program, rain or shine. Before then, there is a Women Run Arkansas event that has a kickoff dinner on February 28<sup>th</sup> at the Reynolds Cancer support house. This is a statewide women's running and walking club that will start training from March 4- May 9 with the 5k run on May 11 in Conway, Arkansas. Regular routines of walking and running are two weight bearing ways doctors say women can strengthen bones. What a great event to walk with friends and have a good time, too.

Rose Day will be celebrated with the women who attend the First Impressions Workshop on March 7<sup>th</sup>. Most club members will be in attendance for this annual event. A yellow rose theme will top off the evening. See you there.

*Kathleen*

## Geranium Sale Time!

The 32<sup>nd</sup> annual Geranium Sale is underway with the distribution of pre-sale forms. Be aggressive for our only fundraiser that supports all of our scholarships and projects. Remember, all of the Geranium sale money is dedicated to Service, none of the money is used in club operations. It takes a village to accomplish this sales event and you can smile all Spring and Summer viewing the yards with fresh curb appeal, loaded with Zonta geraniums.

Please contact Kathleen King if you haven't received the sales packet. The price is unchanged from last year with a flat of 18 plants costing \$27. Available colors include red, pink, salmon, white and yellow marigolds. The sale will be held April 13<sup>th</sup>. Sell, sell, sell!



## In this Issue

Page 2: Meeting info, Legislative News, First Impressions Workshop news  
Page 3: News and upcoming events  
Page 4: Crisis Center and Girls Inc news  
Page 5: Calendar of events

Zonta Club of Fort Smith received its charter April 24, 1967.

Our club is part of Area 1, of District 10, of Zonta International.

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Meetings are held the third Monday of each month at 6 p.m. at the Fort Smith Public Library.

## Next Monthly Meeting

Monday, March 18th at 6pm

The program will be a salute to the special women in the 188th Arkansas Air National Guard. We'll learn more about the status of the 188<sup>th</sup> and honor the highest ranking female officers along with one of the three highest decorated airmen (for bravery) in Afghanistan who happens to be female! Members will want to be there offer our congratulations to these outstanding women. Refreshments will be served following the program and ceremony.

Please bring guests!

## Arkansas Advocacy - did you see this?

Arkansas was one of only four states to not have a legal framework in place to fight human trafficking in a meaningful way. The Arkansas House and Senate recently passed bills on human trafficking, and Governor Beebe signed them into law on February 19th as the Human Trafficking Act of 2013.

## 2013 First Impressions Workshop – March 7<sup>th</sup>

The 2013 First Impressions Workshop is set for Thursday, March 7<sup>th</sup> at 5:30pm. The event is being held again this year at the Reynolds Cancer Support House.

We are targeting women who have recently (or soon will be) re-entering the workforce due to displacement, divorce, being widowed, etc. Our goal is to teach them how to act and dress professionally as well as supply them with resources to fulfill their career objectives. **ZONTIANS ARE ENCOURAGED TO INVITE ANY WOMAN THEY THINK WOULD BENEFIT FROM THIS WORKSHOP.** The workshop is free, but seating is limited to 60 participants.

As was done last year, a clothing store will be set up for women to shop for appropriate attire for the office and school. It's time to clean out your closets and the closet of your daughters, mothers, sisters and bffs!

Scrubs are especially welcome as are all types of professional clothing including accessories like belts and scarves. Please do not bring shoes, socks/stockings, lingerie, swimwear, sleepwear, jewelry or evening wear.

Contact Jo Carson at [jocarson@mac.com](mailto:jocarson@mac.com). or 479-431-8900 if you would like your donations to be picked up. Or better yet, YOU can bring them to the event one (1) hour early.

- We will have hangers if you don't.
- We will have display racks if you don't.
- We will be so grateful and so will our participants.

Remember we will also be celebrating **Rose Day** at this event. Look for more emails on this subject and see you there!

If you have any questions about the event please contact Deborah Avillion at [Debavillion@icloud.com](mailto:Debavillion@icloud.com) or 479-926-7117.



## Rose Scholarship Awarded

At the March meeting, members will meet Hazel Douglas who is this year's Rose Scholarship winner. Hazel will receive a \$400 scholarship and her application has been forwarded to the District 10 Rose Scholarship Chairman. The winner of the D-10 Rose Scholarship is presented with \$1000. Hazel, a Northside graduate, is the single parent of two children and is raising her 8 year old god daughter and caring for her elderly parents. Hazel has a 3.71 gpa and will graduate in December of this year with a degree in Criminal Justice. She submitted three strong letters of recommendation so let's all keep our fingers crossed that Hazel will receive the additional \$1000 from D-10.

Congratulations Hazel!!!

## February Quarterly Dinner Festivities

Thanks to Delores Chitwood, Judi Hansen, Delores McMillan and Debbie Adams for hosting a great dinner at the Reynolds Cancer Support House. Delicious pot roast and warm fellowship was shared by all who attended.



## Girl Scouts Update

The Girl Scouts just had a Launch Pad event on Feb. 16th where they explored aerodynamics and the science of flight. Now the Girl Scout Cookie Program- the world's largest girl-led business is underway. Girls learn five leadership skills through the program.

A new 2013 Girl Scouts of the USA Centennial Silver Dollar is to be minted this year. Zontians who were Scouts "back in the day" may be interested in the coin.

## Upcoming events / Service opportunities

- The First Wednesday Lunch will be March 6<sup>th</sup> at Panera Bread by Mercy Hospital. Lunch begins at 11:30am and continues till 1pm so please feel free to order when you get there.
- Make your plans to attend the First Impressions Workshop on March 7. See the article for details.
- Reserve your spot now for the Clayton House's The Knox Street Book Club featuring our own Sheryl Flanagan as Ms. Susan B. Anthony. For more information visit <http://www.thecitywire.com/node/26474>.
- The Zonta career fair will be for the Darby girls on the afternoon of May 17 in the Darby gym. Send suggestions for career representatives to Cathy Williams at [catwill@cox.net](mailto:catwill@cox.net). Volunteers will be needed and appreciated!

## Crisis Intervention Center News

Zontians helped raise money for the CIC through their fundraiser Strike Out Domestic Violence. The fundraiser netted \$3000!

Upcoming fundraising events include:

- The week of March 4<sup>th</sup>-9<sup>th</sup> is "Restaurant Week". Participating restaurants will donate a percent of sales to CIC. This list includes Movie Lounge, R Landry's New Orleans Café, River City Deli and Saki Sushi & Martini Bar. Please visit [www.fscic.org](http://www.fscic.org) for a complete list of participating restaurants and conditions.
- On April 26, Zontians are invited to volunteer at the "Break the Silence, End the Violence, Walk a Mile in Her Shoes" event at Van Buren high school. This event is a partnership between CIC and the VB school district honoring the survivors of domestic violence and/or sexual assault, and also honoring those who did not survive. Walk a Mile with young men and city leaders in high heel shoes (heels are optional). A day of activities is being planned including a survivors' walk, live bands, and food vendors. Look for more information on this event soon.
- April 27 is the city wide Step Up Speak Out Prevent Child Abuse event that everyone is encouraged to attend or volunteer for. This project is headed by Sam Sicard and Jackie Hamilton. Contact Susan Steffens for more information.



Club members Kim Vann, Sheryl Flanagin, Caron Roberts, Judi Hansen, Kathy Jarvis, and Wendy Lambkin put on bowling shoes to help the Crisis Center.

### Scholarships and Golf up next for Girls Inc

Girls Inc is looking to award education scholarships to girls who are strong, smart and bold! For more information and to download the form, visit

<http://www.girlsincfortsmith.org/>.

Like to golf? The 12th Annual Nancy Orr Golf Tournament Benefiting Girls Incorporated® of Fort Smith is set for April 15<sup>th</sup>. Visit <http://www.girlsincfortsmith.org/> for more information.

### Zontians Visit The Capitol



Zontians Marilyn Barr, Cathy Williams and Sheryl Flanagin with friends in the Capitol.

Zontians from Fort Smith recently attended the AAUW Lobby Day at the state Capitol. Governor Beebe was one of the speakers discussing the current legislature.

Lunch was served in the Capitol cafe with some of the legislators attending, including Representative George McGill. The group then went to the senate gallery and was recognized from the floor.

### March 2013

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3	4 Start of Restaurant Week for Crisis Center	5	6 First Wednesday Lunch at Panera Bread by Mercy Hospital	7 <b>First Impressions Workshop</b>	8 <b>ROSE DAY</b>	9
10	11	12	13	14	15	16 Happy Birthday Judi Hansen!!! 
<b>March is National Women's History Month</b>						
17 Happy Birthday Cathy Williams!!! 	18 <b>Zonta Monthly Meeting 6pm</b> 	19 Happy Birthday Deborah Avillion (the 18 <sup>th</sup> )!!!	20	21	22	23
24	25	26	27	28	29 Happy Birthday Sheryl Flanagin!!! 	30

### April 2013

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31 Happy Birthday Kim Vann!!! 	1 <b>APRIL</b>	2	3 First Wednesday lunch at Joe's Pizza & Pasta	4	5	6
7	8	9	10	11	12 Happy Birthday Lori Bauer!!! (on the 13 <sup>th</sup> ) 	13 <b>GERANIUM SALE</b>
14 Happy Birthday Zena Marshall!!! 	15 <b>Zonta Monthly Meeting 6pm</b>	16	17	18	19	20
21	22	23	24	25	26 Walk A Miles in Her Shoes event in Van Buren	27 Step Up Speak Out Prevent Child Abuse event

### **And coming in May...**

- The Zonta Area 1 meetings will be held in Dallas on May 4-5<sup>th</sup>.
- The Career Fair is set for the afternoon of May 17<sup>th</sup> at Darby.