



# Zonta Club of Fort Smith

Member of Zonta International®

# Newsletter

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Zonta International is a global organization of executives and professionals working together to advance the status of women worldwide through service and advocacy.

[www.zonta.org](http://www.zonta.org) [www.zontadistrict10.org](http://www.zontadistrict10.org) [www.zontafortsmith.wordpress.com](http://www.zontafortsmith.wordpress.com)

## International Day of the Girl Child Activities at Girls Inc

Friday October 11 has been designated by the United Nations as the second [International Day of the Girl Child](#).

To celebrate locally, Zonta members will be at Girls Inc from 4:00-5:15, on Friday, October 11, presenting a round robin of programs that focus on empowering and educating girls. Zonta members are currently planning the programs, and welcome suggestions for engaging 130 elementary-aged girls.

To be involved in planning, programs or providing refreshments, please contact Cathy Williams at [catwill@cox.net](mailto:catwill@cox.net) or 420-4439.

## Scholarship Season Kicks Off

The first scholarship to be awarded this year will be the Zonta Club of Fort Smith Scholarship. This scholarship is offered in the amount of \$1000 to a female student attending any accredited college or university with a declared major or minor in one of the STEM areas—science, technology, engineering, math. Deadline for submission of applications is October 1.

Please check out the Scholarship page on the Fort Smith Zonta website. This page conveniently lists all of the scholarships with links to the applications and who to contact for questions.

<http://zontafortsmith.wordpress.com/scholarships/>

## Gracias Ladies!

Many thanks to our wonderful hostesses Kim Vann, Sheryl Flanagin, and Linda Teague for a great Mexican Fiesta Party.



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## Next Monthly Meeting

Monday, October 21<sup>st</sup> at 6pm

Crosby Cromwell from the Walmart Foundation will speak about their new "Dress for Success" initiative. She is a great speaker so bring guests to this meeting!

Zonta Club of Fort Smith received its charter April 24, 1967.

Our club is part of Area 1, of District 10, of Zonta International.

President: Judi Hansen ([judi\\_hansen7759@yahoo.com](mailto:judi_hansen7759@yahoo.com)) Editor: Caron Roberts ([caron.s.roberts@gmail.com](mailto:caron.s.roberts@gmail.com))

Meetings are held the third Monday of each month at 6 p.m. at the Fort Smith Public Library.



## Activities at the Crisis Intervention Center

By Susan Steffens

Did you know that Kathleen King and Cathy Jarvis are very talented jewelry makers? The CIC is honored to have enjoyed their sharing of talents to create jewelry with the children in August. Everyone had a great time designing their art piece. CIC extends MUCH thanks to Kathleen and Cathy for always showing such care and compassion to create such fun times with our kids.

October is a very busy month for The Donald W Reynolds Crisis Intervention Center as we work to raise awareness and honor the memory of victims of domestic violence. Zontians are invited to attend and/or volunteer for several exciting events:

- October 5, 2013, from 7am-2pm, please join us for a HUGH YARD SALE at the Girl Next Door Resale Store at 415 Lexington Avenue from. This will be an end of season inventory reduction sale. Volunteers are needed and welcome.
- October 5 from noon until 6pm, at the Alma A-Z, join us for the Annual [BIGGEST RACK BEST RACK COMPETITION BBQ COOK OFF](#) and music. Come on down! CIC will be happy to sell you a nice cold (non-alcoholic) beverage at our booth.
- October 19-20, visit our booth at the WOMEN'S EXPO at the Convention Center. This event is attended by thousands of women each year looking for that special something for Christmas.
- October 26 is MALL-O-WEEN at Central Mall from 1p-6p. Bring the kids to play carnival type games and help local non-profits at the same time! CIC is pre-selling arm bands for just \$5 each that entitles the wearer to unlimited play to earn lots of prizes and candy. Halloween Costumes are encouraged. Armband sales directly benefit the participating organizations.

## Step Up, Speak Out



By Cathy Williams

Girls Inc will be heavily involved in the activities surrounding STEP UP, SPEAK OUT during the week of October 7. This is our community's effort to address child abuse through awareness and advocacy.

Zontians are invited to attend a screening of a short film created by a group from Girls Inc who have been involved in a multi-week program entitled "Safe in My World." The screening is at 5:30 on Monday, October 7 at Five Star Video at 100 North 8th Street. This film will be featured at all the Step Up Speak Out events around town.

It seems to me that "Safe in My World" somewhat parallels our Zonta International project of "Safe Cities." These girls are learning about the resources that can help them be safe here in our own city while our ZI project is attempting to provide resources to keep women safe in Central America.

I hope Zontians will make an effort to be present to support these young filmmakers at the screening on Monday, October 7. A reminder will be sent prior to the event.



## President's Message

A new report released this month -- The State of Women in America -- shows a great big swath of red across the lower portion of the map, states that received a failing grade in the quality of living for women. Four of our District 10 states are clustered at the bottom of the rankings.

- Arkansas, F, ranked 44th overall.
- Oklahoma, F, 48th.
- Louisiana, F, 50th.
- Texas, F, 45th.

The report noted what we already know: women in the US make only 77 cents for every dollar a man with similar qualifications in similar circumstances makes. Women, who make up more than 50 percent of the population, still account only for 18 percent of Congress, despite the fact that women ran for office in record numbers in 2012.

The report also looked at economic well being and health. Texas' low rating is due in part to the fact that 25 percent of women there have no health insurance.

Looking at these same sad facts, I wondered two things. First, how can it possibly be in this brave new world of ours that we are still battling for basic things like fair pay and access to medical care? The second: How much worse would these states be without Zonta?

It can often seem like we accomplish very little in our club when we are faced with intractable problems poverty. But like the child throwing starfish back into the sea, we know that even if we can't help everyone, we can make a difference in the lives of women who find themselves at the Crisis Intervention Center or the Esther Home, in the lives of girls at the Girls Shelter or Girls Inc, in the lives of students whose burdens are made just a little easier by our scholarships.

Ladies, let's keep throwing those starfish back into the sea!

Speaking of which, don't forget Kim has asked for volunteers and desserts for the Oct. 4 Pasta Dinner to benefit the Girls Shelter. Let Kim know if you can participate. \$10 buys your dinner -- and it's a good one -- but if you can't make it, your \$10 donation will still be welcome. Let Cathy Williams know if you want to participate in International Day of the Girl Child events at Girls Inc. on Oct. 11.

Don't forget we'll love to see you on First Wednesday launch, Oct. 2 at Williamsburg Café on Rogers. Next business meeting is Oct. 21 and you won't want to miss it

*Judi*

Click on the following link for the State of Women in America report.

<http://www.americanprogress.org/issues/women/news/2013/09/25/75188/mapping-the-state-of-women-in-america/>

## Setting a Beautiful Table

Congratulations to JoAnn Gedosh, Marilyn Barr and Martha Gooden for creating a beautiful table at the Phillis Wheatley Club's 14th Annual Tablescape.



Shown above: Zontians attendees and the lovely fall table.

## Zontians Collect for the Crisis Center

Dear Zontian sisters,  
Thank you sincerely for the "shelter shower" at our September meeting. It is such an honor to serve the Donald W Reynolds Crisis Intervention Center and I sincerely appreciate your support and dedication to the families served in the emergency safe shelter. Your gifts of paper products and personal hygiene items is tremendous!! These items are at the top of our critical needs list. Your sacrifice of time and money to provide these much needed supplies is very greatly appreciated. Your donations do make a difference!

Sincerely yours,  
Susan Steffens, Executive Director

## Member News

Cissie Pendergrass snapped this photo while visiting Thousand Islands with daughter Grace this summer.



Editor's note: Please send an email to Caron at [caron.s.roberts@gmail.com](mailto:caron.s.roberts@gmail.com) with your member news by the 20<sup>th</sup> of each month.



Kathy Jarvis, Kathleen King and Susan Steffens with the collected items.

## Upcoming events

- The First Wednesday Lunch will be October 2nd at the Williamsburg Café on Rogers. Lunch begins at 11:30am and continues till 1pm so please feel free to order when you get there.
- The 5th Annual Pasta Dinner for the Girls Shelter will be held on Friday, October 4th 4:30-7:30pm at the West-Ark Church of Christ (900 North Waldron Ave). Tickets are \$10 per ticket or \$100 for table of 8. Silent auction items are needed. Zontians once again are being asked to bring their fabulous desserts and to volunteer at the dinner. Contact Kim Vann for more information.
- Pat Crump will show her Africa slides to the Girls Shelter, October 10th @ 6:30. Contact Pat or Kim Vann if you are available to help.
- The Fest of Ale benefitting Girls Inc will be October 18<sup>th</sup>. Click [here](#) for details and come out and sip for a good cause!
- See page two for a list of the upcoming activities for the Crisis Center!
- A short film created by the girls from Girls Inc will be shown at 5:30 on Monday, October 7 at Five Star Video at 100 North 8th Street. See page two for details.

# October 2013

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30 Happy Birthday Marian Conrad!	1 <b>OCTOBER</b> Happy Birthday Linda Teague! 	2 Lunch at Williamsburg Café on Rogers	3	4 <b>Girls Shelter Pasta Dinner</b> 4:30-7:30	5 Yard Sale at Girl Next Door Resale Shop 7am – 2pm
6	7 Step Up, Speak Out Film Screening 5:30pm	8	9	10 Africa Slide Show at the Girls Shelter 6:30pm	11 <b>International Day of the Girl</b>	12
13	14 Happy Birthday Kathy Coleman! 	15	16	District 10 Conference in South Padre Island, Texas		19
20 Women's Expo at the Convention Center (starts on the 19th")	21 <b>Zonta Monthly Meeting 6pm</b>	22	23	24 <b>United Nations Day</b>	Fest of Ale benefiting Girls Inc on October 18 <sup>th</sup> !	26 <b>MALL-O-WEEN</b> at Central Mall
27	28	29 Happy Birthday Delores McMillan! 	30	31 	1 <b>NOVEMBER</b> Happy Birthday Pat Crump! 	2

# November 2013

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3	4	5	6 Lunch at Lin's Garden on Rogers	7	8	9 <b>Happy Birthday ZONTA!!!</b>
10	11	12	13	14	15 Happy Birthday Julie Moncrief! 	16
17	18 <b>Zonta Monthly Meeting 6pm</b>	19	20	21	22	23
24	25 Happy Birthday JoAnn Gedosh! 	26	27 Happy Birthday Marilyn Barr! 	28 	29 Happy Birthday Delores Chitwood! 	30

Happy Thanksgiving